

## Our signature facial

High performance Peel + BT therapeutic Led light treatment Using Nasa technology, this lunchtime treatment with no downtime, will leave your skin with a dramatic radiance and college boost.	R730
- boosted with hyaluronic mask	R860

## Specialised Dermalogica facials

### Face Mapping® skin analysis (5 mins) No Charge

A professional, in-depth skin analysis based on your skin and lifestyle. Our skin experts will show you how to achieve your healthiest skin and address concerns. You'll receive a personalised Skin Fitness Plan with customised product recommendations and samples.

### Dermalogica® facefit (10 min) 99

A quick effective service featuring our innovative products for flawless skin in a hurry. Ideal for special events, seasonal skin maintenance or a quick pick-me-up.

### Dermalogica® proskin 30 (30 min) 335

The ProSkin 30 is a personalised treatment, based on your complimentary Face Mapping® skin analysis. Let our experts design this 30-minute treatment specifically for you and your skin concerns.

### Dermalogica® proskin (60 min) 670

The ultimate treatment, different everytime. Customised, sensorial treatment featuring advanced products, techniques and technologies. This extensive treatment takes you on a journey to your healthiest skin.

## IMPACT

IMPACT - as a real alternative to surgical liposuction. The most effective solution for applying body treatments. A single treatment can reduce localized fat, reduce cellulite and reaffirm the skin.

### Electroporation and Cavitation – R380 per 15 min

Stomach (15 - 30 min)	Inner thighs (15 - 30 min)
Buttocks (15 - 30 min)	Knees (15 min)
Saddlebags (15 - 30 min)	Love handles (15 min)

### Impact courses (Price includes 1<sup>st</sup> 30 min maintenance free)

11 x 15 min sessions	R3800
11 x 30 min sessions	R7600

## RégimA

The most advanced medically accepted skin care programme created to attack the ageing free radicals and toxins associated with modern living.

RégimA Instant radiance luminosity treatment	470
RégimA Rapid rejuvenation skin peel	500
RégimA Pro acne peel	500
RégimA 30% power peel	590
RégimA 50% power peel	690

## BT Therapeutic

Technology makes the difference. Non-evasive, no down time!

## LED Light Therapy

Bio-Synthesis™ light activated rejuvenation services reveal glowing radiant skin. A complex interaction of red, yellow, green and blue light helps elasticity, reduces acne breakouts and minimises the appearance of fine lines and wrinkles.

BT Acne Synthesis	380
BT Bio-Synthesis™ LED Light	550
BT Bio-Synthesis™ LED Light add-on	380
9 x BT Acne Synthesis	2660
9 x BT Bio-Synthesis™ LED Light	3950

## Microcurrent

BT Bio Ultimate Platinum® Microcurrent services offers the ultimate option in facial rejuvenation. Microcurrent services improves skin tone, elasticity, reduces the appearance of fine lines and wrinkles and offers intense hydration.

BT Cocktail Lift	440
BT Cocktail add-on	330
9 x Microcurrent	3000
Bo-Synthesis™ & Microcurrent	880
9 x Bio-Synthesis™ & Microcurrent	6160
(Above treatments include complimentary microcurrent exfoliation and hydration reading)	
BT Reju Hand treatment	170

Please refer to the website for more details and contra-indications. [www.bio-therapeutic.co.za](http://www.bio-therapeutic.co.za)

## menu of services

# nail+body lab

inspire + beauty + decor

tel (011) 786 3222  
shop 19 blubird shopping centre  
birnam  
[www.naillab.co.za](http://www.naillab.co.za)

trading hours:  
mon: 8h00 - 17h00  
tues - fri: 8h00 - 18h00  
sat: 8h00 - 15h00  
public holidays: to be advised



## CaféPop

Add some bubbles to your pamper time  
or grab a cuppa while you wait  
*Beverages are for the enjoyment of nail + body lab clients only*

### Stock up on the following product ranges at Nail+Body Lab:

BT Biotherapeutic	Nuxe Paris	RapidLash™
Dermalogica®	Gelish	Ruby Yaya Kaffans
Dermaheal	Shellac	Resortwear
Lamelle	Nimue	Fifflops
RégimA	Essie	Sunless spray tan
MEDIHEEL	Essie Gel Couture	Hair Free
Kinetics	OPI	
NSI	Nailtiques	

Range of stylish UPF 50 sunhats for men and women.  
Homeware, gifts and candles.

**Gift vouchers and online gift vouchers available.**

## NAIL TECHNOLOGY (All systems are offered in Acryli and Gel)

Full set natural/french tips	460
Full set french (natural tips with gel/acrylic)	480
Full set with Gelish polish	600
Full set with Shellac polish	620
Coloured/natural overlay	370
Coloured/natural gel toes	370
French gel hands/toes overlay	400
Fill	270
Back french fill	330
Fill & polish	300
Fill & polish french	320
Nail repair (per nail tip)	45
Nail repair (per nail overlay natural)	45
Nail repair (per nail overlay french)	45
Soak off only (per 1/2 hour)	90
Polish (Artificial)	40
Polish french (Artificial)	65
Buff & polish (Artificial)	180
Buff & French polish	200
Buff & shine	160
Buff & glaze	170

## SPRAY TANNING

Full body spray (including face)	360
Upper body (including face)	250
Full legs	200
Face, neck, shoulders & arms	170
5 x Sessions (full body)	1650
10 x Sessions (full body)	3200

## TINTING

Eyelashes	135
Eyebrows	110
Eyelash & brow	210

## EYELASH EXTENSION

Full eyelash extension	750
Partial eyelash extension	600
Eyelash fill (2 weeks)	300
Eyelash fill (3 weeks)	450
Eyelash removal	150
Keratin eyelash lift	580

## HANDS

File & Shape	60			
Polish colour	110	130	270	285
Polish french	135	155	290	310
File & paint	170	190	270	285
File & french paint	190	210	290	310
Express manicure (30 mins)	235	255	360	375
<i>Soak, clean cuticles, file &amp; paint</i>				
Express manicure with french finish	250	270	380	395
Full classic manicure (45 mins)	275	295	400	425
Manicure with french finish	290	310	430	445
Manicure no polish (30 mins)	215			
Soak off only	80			
Soak off with treatment	60			
Paraffin hydration wrap	95			
Kids mani (under 10)(30mins)	170			
Kids paint	35			
Baby gems (per stone)	10			

## FEET

File & Shape	60			
Polish colour	120	140	270	285
Polish french	145	165	290	310
File & paint	170	190	270	285
File & french paint	190	210	290	310
Express pedicure (30 mins)	255	275	390	420
<i>Soak, clean cuticles, file &amp; paint</i>				
Express pedicure with french finish	275	295	430	435
Full classic pedicure (45 mins)	295	315	420	440
Prosecco pamper pedicure(60 mins)	390	410	430	445
<i>Our signature pedicure aimed to relax all your senses. Soak in caviar beads, cuticle cleanup, exfoliation, dreamy massage &amp; a colour finish and enjoy a complimentary glass Vino Bianca (Prosecco) or cappuccino.</i>				
Pedicure with french finish	315	335	435	455
Pedicure no polish (30 mins)	260			
Soak off only	80			
Soak off with treatment	60			
Paraffin hydration wrap	95			
Kids pedi (under 10)(30mins)	180			
Kids paint	35			

## MEDIHEEL PEDICURE (60 mins) Colour 440 French 460

A luxurious pedicure treatment using MEDIHEELS' signature chemical peel, AHA exfoliation with nail and cuticle care. A refreshing tea tree and eucalyptus foot soak is followed by a decadent foot massage. Feet are left gorgeously soft and shimmering with gold spritz to conclude this luxurious pedicure.

## WAXING FOR HER

Hot wax option (add R110 per treatment)		<b>Epilfree</b>
Full leg	250	1100
Half leg	210	800
3/4 leg	225	1000
Bikini	165	500
Brazilian	220	800
G string	210	800
Hollywood	290	1000
Underarm	95	400
Full arm	220	800
Half arm	160	500
Back	220	1000
Stomach	135	540
Chest	115	500
Full face	250	700
Lip	70	200
Brow	100	300
Chin	70	300
Ears	70	400
Nose	70	250

## WAXING FOR HIM

Chest	240	1400
Back	280	1600
Full leg	300	1700
Stomach	220	1300

**Epilfree hair removal** – Enhance your waxing routine with Epilfree and get lasting laser-like results. Whether you are an avid waxer or not, you can get the benefits of smooth hairless skin with our unique Epilfree treatment. Results in 3 easy steps. No machines and no lasers.

## MASSAGE

Aromatherapy full body (60 min)	480
Foot massage (30 min)	275
Hot stone therapy (30 min)	380
Hot stone therapy (60 min)	550
Foot stone therapy (30 min)	320