

## NAIL TECHNOLOGY *(All systems are offered in Acrylic and Gel)*

Full set natural/french tips	600
Full set tips incl. soak off	680
Full set with nail art	800
Full set ombre	600
Full set with Gel polish	640
Full set with Shellac polish	650
Coloured/natural overlay	390
Coloured/natural gel toes	390
Back french fill	390
Fill & polish/french	390
Nail repair (per nail tip/overlay natural/overlay french)	70
Soak off only (per 1/2 hour)	150
Polish/french (Artificial)	75
Buff & polish/french	260
Buff & shine	180
Buff & glaze	220

## HANDS

## Gel Shellac

File & Shape	80		
Polish/french colour	130	320	340
File & paint/french	200	320	340
Express manicure/french (30 mins) <i>Soak, clean cuticles, file &amp; paint</i>	260	390	400
Full classic manicure (45 mins)	330	445	460
Manicure no polish (30 mins)	300		
Soak off only (incl. file and shape)	150		
Soak off with treatment	60		
Acrylic soak with treatment	100		
Paraffin hydration wrap	110		
IBX treatment	120		
Kids mani (under 10)(30mins)	170		
Kids polish (under 6)	50		
Baby gems (per stone)	10		

*At nail+body lab, we strive to use the highest quality professional products. Bio Sculpture and Shellac are our choice for nail services. We try our best to offer a large range of colours, but it is not always possible to get certain colours due to agent import constraints. Please feel free to bring your favourite colour or brand if it's not something we stock, and will gladly apply it for you.*

## FEET

## Gel Shellac

File & Shape	80		
Polish colour/french	130	320	340
File & paint/french	200	320	340
Express pedicure/french (30 mins) <i>Soak, clean cuticles, file &amp; paint</i>	300	410	440
Full classic pedicure/french (45 mins)	360	460	490
Pedicure no polish (30 mins)	320		
Soak off only	150		
Soak off with treatment	60		
Acrylic soak with treatment	100		
Paraffin hydration wrap	120		
Kids pedi (under 10)(30mins)	180		
Kids polish (under 6)	50		

## MEDIHEEL PEDICURE (60 mins) colour/french 500

A luxurious pedicure treatment using MEDIHEELS' signature chemical peel, AHA exfoliation with nail and cuticle care. A refreshing tea tree and eucalyptus foot soak is followed by a decadent foot massage.

## SPRAY TANNING

Full body spray (including face)	400
Upper body (including face)	280
Full legs	230
Face, neck, shoulders & arms	190
5 x Sessions (full body)	1800
10 x Sessions (full body)	3600

## TINTING

Eyelashes	160
Eyebrows	120
Eyelash & brow	240

## WAXING FOR HER

## Epilfree

Full leg	270	1100
Half leg	230	800
3/4 leg	245	1000
Bikini	185	500
Brazilian	240	800
G string	230	800
Hollywood	310	1000
Underarm	110	400
Full arm	240	800
Half arm	180	500
Back	240	1000
Stomach	155	540
Chest	170	500
Full face	400	700
Lip	80	200
Brow	110	300
Chin	100	300
Ears	80	400
Nose	80	250

## WAXING FOR HIM

Chest	260	1400
Back	300	1600
Full leg	330	1700
Stomach	240	1300

**Epilfree hair removal** – Enhance your waxing routine with Epilfree and get lasting laser-like results. Whether you are an avid waxer or not, you can get the benefits of smooth hairless skin with our unique Epilfree treatment. Results in 3 easy steps. No machines and no lasers.

## MASSAGE

Full body (60 min)	600
Foot massage (30 min)	330
Foot Massage (15min)	180
Back and neck (30 min)	400

## Specialised facials

### ProSkin 30 (30 min) 365

The ProSkin 30 is a personalised treatment, based on your complimentary Face Mapping® skin analysis. Let our experts design this 30-minute treatment specifically for you and your skin concerns.

### ProSkin 60 (60 min) 700

The ultimate treatment, different everytime. Customised, sensorial treatment featuring advanced products, techniques and technologies. This extensive treatment takes you on a journey to your healthiest skin.

## IMPACT

IMPACT - as a real alternative to surgical liposuction. The most effective solution for applying body treatments. A single treatment can reduce localized fat, reduce cellulite and reaffirm the skin.

### Electroporation and Cavitation – 380 per 15 min

Stomach (15 - 30 min)	Inner thighs (15 - 30 min)
Buttocks (15 - 30 min)	Knees (15 min)
Saddlebags (15 - 30 min)	Love handles (15 min)

### Impact courses (Price includes 1<sup>st</sup> 30 min maintenance free)

11 x 15 min sessions	3800
11 x 30 min sessions	7600

## RégimA

The most advanced medically accepted skin care programme created to attack the ageing free radicals and toxins associated with modern living.

RégimA Pro acne peel	500
RégimA 30% power peel	690
RégimA 50% power peel	690
RégimA peel and go	450

## BT Therapeutic

Technology makes the difference. Non-evasive, no down time!

### LED Light Therapy

Bio-Synthesis™ light activated rejuvenation services reveal glowing radiant skin. A complex interaction of red, yellow, green and blue light helps elasticity, reduces acne breakouts and minimises the appearance of fine lines and wrinkles.

BT Acne Synthesis	380
BT Bio-Synthesis™ LED Light	550
BT Bio-Synthesis™ LED Light add-on	380
9 x BT Acne Synthesis	2660
9 x BT Bio-Synthesis™ LED Light	3950

### Professional products

Depileve  
Mediheel  
RegimA  
Bio Sculpture  
Shellac  
South Seas spray tan

### Stockists of the following retail products

Dermalogica  
Heliocare  
Lamelle  
Nimue  
RegimA  
Moroccon Oil hair products  
Rapid Lash/Brow  
Seche Vite nail care  
South Seas Tanning products and accessories  
Bags and accessories  
Boody Eco Wear  
Fitflop range of footwear  
Holster Solace sandals  
Resortwear and Kaftans  
Scarves  
UPF 50 sun hats

Gift vouchers are available in store and online

*Appointment not cancelled 4 hours before will be charged in full.  
Prices subject to change.*

# nail+body lab

inspire + beauty + decor

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trading hours:  
mon - fri: 08h30 - 17h00  
sat: 08h30 - 15h00  
public holidays: 09h00 - 14h00

online bookings available

menu of services